

# BENZODIAZEPINE

(TRANQ, SLEEP SHOT, BENZO, BENNY, BENZ, PINE)

## .....WHAT IS IT?

Benzodiazepine is a class of depressant drugs that are not typically prescribed long term. They are used for a variety of medical conditions in small doses!

## POTENCY:

Benzos can cause overdoses that require an extended time for recovery, even with proper medical care! They can be just as strong as opioids but they do not reverse with narcan!

## WHAT WILL IT DO?

Can cause drowsiness and prolonged sedation. May provide euphoric feeling.

Lowers heart rate, blood pressure and rate of breathing.



## CAN I OVERDOSE ON BENZOS?

**YES!** It can cause overdoses. Since it is not an opioid, **Naloxone will not reverse the overdose!!** Call 911 immediately and provide CPR & rescue breaths

## SIGNS AND SYMPTOMS OF BENZO OVERDOSE:

- Shallow breathing or breathless, unresponsive, difficulty waking up
- Pale colour, blue lips and extremities

## TIPS:

- Get your drugs tested! Start with a small amount!
- Do not use alone, if you are alone you can download the Lifeguard App
- Try to rouse the client & Call 911(administer Naloxone as it may also contain opiates)



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