

# METHAMPHETAMINE

(METH, JIB, SPEED, CRYSTAL, CRANK, ICE)

## .....WHAT IS IT?

Meth is an illegal and highly addictive stimulant drug. It is derived from amphetamine which is used in decongestants and some ADHD medications.

## POTENCY:

Meth remains in the body 12 times longer than cocaine.

Potency can vary since it is an illegal and unregulated product.

## WHAT WILL IT DO?

Increases alertness, breathing, body temp, heart rate, and blood pressure.

Causes dental problems, itching, wounds, decreases appetite, and can alter brain structure!



## CAN I OVERDOSE ON METH?

**YES!** Meth can cause stimulant overdoses. It can also lead to permanent changes to your brain and behaviour!

## SIGNS AND SYMPTOMS OF METHAMPHETAMINE OVERDOSE:

- Increased heart rate, body temperature, blood pressure leading to possible heart attack, stroke, or seizure
- Vomiting, nausea, diarrhea, and disorientation

## TIPS:

- Get your drugs tested! Start with a small amount!
- Do not use alone, if you are alone you can download the Lifeguard App
- Try to rouse the client & Call 911(administer Naloxone as it may also contain opiates)



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